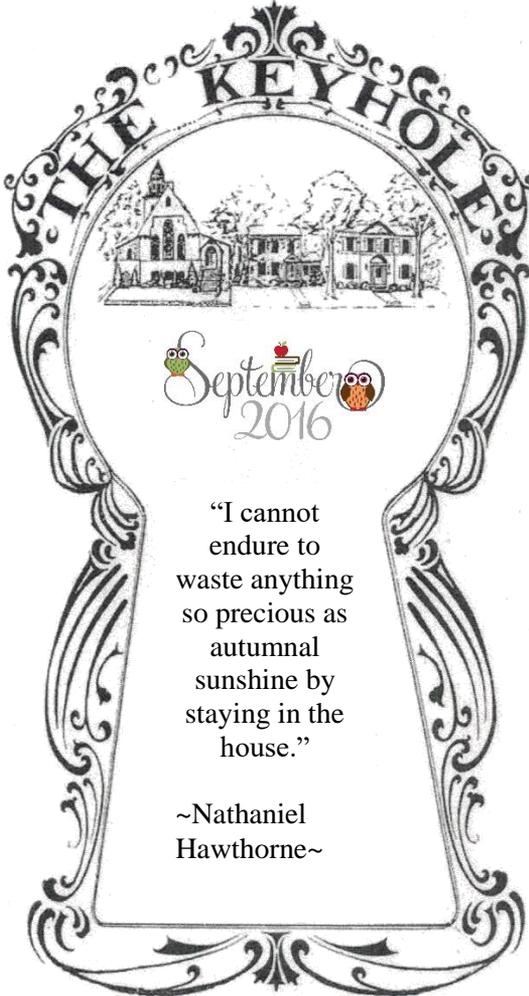




Keyhole

Published monthly (*except August*)
by the First United Methodist Church,
603 Main Street, Port Jefferson, New York 11777
for the inspiration and information of its members and friends.



Celebrating 181 Years of Service in the name of Christ
~1835 - 2016~



First UMC of Port Jefferson Mission Statement

To love and serve Christ and others through praise, prayer,
preaching of the Word of God and to welcome all to join
us in our faith journey

The New York Annual Conference Vision Statement:

The New York Annual Conference, through the grace of God embodies a
beloved community of hope, building up a healthy Body of Christ, with
heart-warmed United Methodists in mission for the transformation of the
world.

Church Telephone: (24 hours) (631) 473-0517, FAX (631) 473-0738

Church Office Hours: Friday 9:00-4:30

Church Email Address: 1stumc@optonline.net (NEW EMAIL ADDRESS)

Church Web site: www.pjfumc.org

Look for us on Facebook: Port Jefferson First United Methodist Church

STAFF and OFFICERS:

Pastor:The Rev. Sandra Moore

Administrative Assistant:Pat Balcom

Organist/Choir Director:Carl Ferrara

Co-Lay Leaders:David and Trudy Clark

Administrative Council Chair;Kenny Bohler

President, Board of Trustees:Richard Cox

Keyhole Staff:....Mary and Richard Cox, Carole Darling, Sandra Swenk, Amy
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Leonard, Mary Lou Stein, Janet McBride, Ashley Grills, Bob
and Laurel Libby, Lee Nichols,

Editor:Ellen Cheeseman

Contributing Writers:..... Jane Collins, Shirley Leonard, and
Sandra Swenk

The dead line for the October issue of

“The Keyhole” is Sunday September 18, 2016

Articles submitted after the 18th will be included in the
November issue. Please email your articles and reports to:

EllenGCheeseman@optonline.net



All blessings to each of you,
Sandra Moore, Pastor

Dear Sisters and Brothers in
Christ,

It is my pleasure to be among
you!

I have witnessed your
hospitality, enthusiasm for
ministry and Bible study, and
your devotion to this church and
community. You have dedicated
leadership and a spiritual vitality
which is exciting to encounter.

As we continue getting to know
one another, I look forward to
working with you in your
development of ministry in Port
Jefferson and surrounding
community.

We resume 10 AM services on
September 4th and opening of
Sunday School on September
11th. Also on September 11th,
our organizational meeting for
Confirmation Class happens
immediately after service. After
having met many of our youth
and children during Vacation
Bible School in August, I look
forward to encountering their
sharp and inquisitive minds once
again.



Confirmation CLASSES

CALL FOR CONFIRMATION STUDENTS!

All confirmation-age students
and their parents are encouraged
to briefly meet with Pastor
Moore after Sunday service on
September 11th. The intent of the
meeting is to determine a weekly
class time suiting everyone's
schedule.

All students who will be age 13
by May, 2017 are eligible to be
part of this year's class. In our
congregation, those now eligible
to be part of this year's
confirmation class are: Ethan
Farrell, Max Amundsen, Sierra
Edwards, Morgan Bullis,
Heather Quiggle, and Natalie
Zahn. If there are others who
qualify to attend classes, all are
welcome.

Welcome, Pastor Moore

As one of six children raised in New Jersey, Sandra Moore's childhood was always associated with church. Her parents were musicians, her mother an organist and her father the choral director of their local church. So it was that she eventually pursued a career in religious education and pastoral service that enabled her to serve congregations on Long Island, New Jersey and Connecticut. As of July 1st, Pastor Moore was officially appointed to our First United Methodist Church in Port Jefferson.



With an undergraduate degree from the University of Miami where she had been offered a partial piano scholarship, Sandra later was the organist at the Sea Cliff Methodist Church for four years. She then attended Drew University and graduated with a Master of Divinity degree. For a year, she served as a clinical pastoral educator (CPE) in a Catholic hospital in New Jersey, where she gained insight into the lives of patients while training to provide pastoral care.

Pastor Sandra has been graciously and warmly welcomed by church members

and friends, quickly learning names (with the help of name tags in church) and becoming familiar with committees and the church calendar of activities. As for her aspirations for the First United Methodist Church, she hopes to share scholarly information of Christianity and the knowledge she gained in seminary. With this knowledge, the congregation will be able “to focus on what we want to be in our church, not only locally but worldwide,” she believes. Her weekly messages, delivered by the communion rail rather than from the pulpit, have become meaningful and personal.

Expecting to be “close to home” in the parsonage most of the time, Sandra will continue to travel to New Jersey as she shares with her siblings in the care of her elderly parents. She has enjoyed strolling the Village streets and park areas, and of course, sampling local restaurants and admiring the waterfront vistas. The parsonage patio has now become an oasis on cool mornings where she enjoys her pastime of reading alongside the peaceful prayer garden. For “mental exercise”, there is an occasional game of Scrabble. To continue her love of the piano, she has brought her

console to Port Jefferson. We look forward to a future concert! Welcome, Pastor Moore.

Sandra Swenk

Mission Trip July 2016

On July 8th of this year, four members of our congregation set out on a journey to Lorain Ohio. The group included myself, Elaine Short, Sarah Combs and Jimmy Guder. We picked up a young man named Max who attends church at Setauket FUMC and drove up to Pastors Dave and Sandy Mantz's new parsonage home in Watertown Conn. We arrived there around 4 pm and joined forces with Pastor Dave, his three kids Emily, Wayne, Izzie, and Max's sister Isabelle.

From there we drove up to Springfield Massachusetts and slept at the Evangelical Covenant Church where Pastor Dave attended before joining the ministry. The next morning we met the sizable contingent of youth and youth leaders from that church that were joining us on our mission trip to Lorain. We all set out Saturday morning in four vehicles on our 12 hour drive to Lorain, arriving that evening around dinner time. My daughter Alyssa Heitz flew in on

Monday from Texas (and boy were her arms tired!) where she was visiting her husband Peter who was there finishing basic training for the Air Force.

Because our group of 32 or so was being joined by other groups that week from Wisconsin, Pennsylvania, and Alabama, and would ultimately number over 75, we were housed at a church right in Lorain rather than the church in a neighboring community we'd stayed at in prior years. The difference was glaring. In the past we stayed at a Presbyterian Church in Avon Lake which is an upper middle class to affluent neighborhood on the south shore of Lake Erie just west of Cleveland. We were in an upscale residential area with plenty of room around the church for the kids to play basketball, tag, Frisbee or whatever other activity was required to burn off the excess energy of youth.

Lorain is an old steel town that has fallen on hard times. The area is best described as a small city, roughly the size of Hicksville I'd say, littered with abandoned businesses, churches and residential homes. In the center is the old U.S. Steel plant. It stretches for over two miles along the road where the church we were staying at was located.

The church was an old abandoned Polish Catholic church that had been acquired by an unaffiliated evangelical group that had a small, diverse, congregation. The church was actually three buildings. The church itself, a residential boarding house and an old three story education building where we stayed.

We were all hosted by Next Step Ministries. I urge you to look them up on line at <http://www.nextstepministries.com/> to see what they're all about. Briefly it's a groups of college age students on a summer long internship doing mission trips in impoverished areas around our country and in a few areas abroad. Each group, like our hosts this year, consist of 7 or 8 young men and women who stay in an area and coordinate the different church groups that come through on a weekly basis. Those groups come to do construction projects on houses of folks who have fallen on hard times for a variety of reasons. This year in Lorain, Nextstep was coordinating six different work sites. Some of them were siding a woman's house, working in a community garden, sheet rocking an elderly couple's home, and building a shed.

There was also the project I was running with our church group and a few kids from Massachusetts which included removing then installing a new porch ceiling, rebuilding a dilapidated deck, and re-sheathing and re-shingling the roof of a fellow that suffered from a bi-polar condition that prevented him from working. Each of the work groups were configured similarly. Each of the youth had a specific assignment; tool manager, first aid, water manager, devotion leader etc. The entire group of 70 would get up around 7am and eat breakfast provided by the Nextstep crew. Then we would meet together in the parking lot for prayer and a quick devotion. Next we'd split up into separate crews to coordinate and load our tools, materials, lunch and water. We'd drive to our respective sites around Lorain, each with a representative from Nextstep and start on our projects. During lunch we would all sit together for a devotional. Our devotional leader was Sarah Combs, who did a wonderful job. Around 3:30pm or so we would finish up and head back to the church to take well earned (and needed!) showers. The showers were taken in a shower trailer that had six stalls. Adult women went first followed by the adult men,

young ladies, and lastly the young men.

After the adult leaders had showered we'd meet with the Nextstep construction supervisor and discuss our progress for the day and needs for the following day. Dinner followed, then the entire group met in a third floor gymnasium for fellowship and worship. The theme for this year was "The Box" and was represented each night with sing along contemporary Christian music, videos, and a short exhortation on how scripture tied into the subject. "The Box" taught about how the world attempts to tell us who we are and what our limitations are and how through the power of the Holy Spirit we can break out of that confining, enslaving mold to become free in Jesus and the person whom God created us to be. All the youth were very enthusiastic with their participation.

Besides the work, much fun was had by all and everyone had a great experience. Honestly, no hyperbole, everyone! We all met folks from all over the country and the community we were serving. We had a BBQ in a Lorain park with the local community invited, went to the beach, and ate entirely too much

ice cream! The greatest reward was being active in our faith which brought us closer to each other, the people we served, our creator and our savior. The best part of all this? Anyone can do it.

That's right, because you don't have to go anywhere to be on a mission for Jesus. Every day God puts someone in your life that you can help either physically, through exhortation, sharing, or just companionship. Let your lights shine. Be made new in the spirit when you accept Christ as the master of your life rather than being a slave to the world's demands and "have life and have it abundantly". Then share with people who ask for the reason of your new found joy.

Start your mission today!

Ken Bohler

Endless summer: Revisited

It was a perfect summer day, and the ocean report had been very promising. With our surfboards and gear loaded in the convertible, we headed for the beach. The anticipation of one of those rare Long Island summer days with sizable waves to ride was exciting. We were not disappointed. As we crested

the dune, we were greeted with an image of row after row of nicely formed rolling waves being held up by the light offshore breeze. These exceptional conditions afforded my buddies and me a day of incredible surfing and many pleasant memories. The year was 1967.

The connection between memories and both physical and mental health has been recognized for many years.

David Pryde, an educator and author who was forced to resign the Principal-ship of Edinburgh Ladies College in 1891 because of failing health, was advised to do some literary work during his recuperative period. He decided to spend several hours a day recording the pleasant or happy episodes of his life. On reflecting on this activity in "Pleasant Memories of a Busy Life" (1893) Pryde wrote, "I now realized that these memories, like the fuel we burn, had preserved the sunshine of the Past, and now gave forth to enlighten and cheer the Present..."

Our Own Vivid Memories

Most of us possess very clear memories of specific events from our past. Why, considering the multitude of experiences we have had, are a handful of

occurrences so vivid? It is likely due to the strength of the emotions we experienced at the time these events occurred. The greater the emotional intensity, the more vivid our memory.

Mental health workers have long realized the significant influence memories have upon an individual's present functioning. In fact, Freud based classical psychoanalytic therapy upon this very premise. While the recalling of significant life events can be very enlightening and beneficial in treatment, typically too much focus is placed upon negative or traumatic memories.

Treasured memories help with purpose/joy of living

Dr. Joan Borysenko, a Harvard trained biologist and licensed psychologist, has been called "The First Lady of Mind/Body Medicine." When asked how a person can connect with what is important in his or her life, in order to live a happy and more fulfilled existence, her response was a simple one; Dr. Borysenko stated that our most treasured memories hold the key to finding purpose and joy in living.

If by identifying positive memories we can potentially obtain greater satisfaction and joy in life, then it needs to be a

priority. The task is not a difficult one. As time goes by, it becomes obvious that certain past experiences tend to be recounted and reminisced upon, while many others are forgotten and fall by the wayside. Pause here for a moment and think.

What favorite story from the past have you shared over and over with family members and friends? Become aware of how detailed and clear the memory of this event is, even after so many years. Take a minute to reflect upon the positive feelings that you have come to associate with this particular experience.

Now ask yourself: what made this particular event so intensely positive that it is so often recalled. Are you feeling nostalgic? If so, take inventory of your present life for what may be missing.

Make a list of any other pleasant experiences you can remember. If it is no longer possible to actually experience the original event, are there substitute activities in the present that can produce the same positive feelings? For example, as an adult, going to summer camp may not be realistic option, however booking a rafting adventure or taking a family camping trip may generate

similar feelings. Once identified, Dr. Borysenko emphasizes that the activity should become a priority in life. It needs to be planned, scheduled and done.

“Bank” You Pleasant Memories

A list of pleasant experiences can also help in coping with negative or disturbing memories. At times, such thoughts can become intrusive and we may find ourselves ruminating and distressed over them. Having an actual list of pleasant memories to refer to can be used to counteract the negative feelings.

Even though I haven’t surfed for years, my board remains on the garage rack frequently stirring me to recall those extremely pleasant sensations and feelings associated with those long ago, hazy, hot and wonderful days at the ocean. Maybe , this summer...

Dr. Michael
Cardillo



Special Giving

Restoration Fund/Special Envelopes

Kent and Barbara Edwards
Ken Bohler
Bob and Lillian Spears
Sandra Swenk
Marty White and Ellen
Cheeseman
Tom and Mare Tivenan
Lee Nichols
Eric and Marlene Kadel
Carol Polly



Calling all Women!

Please join us for the
Women's Group meeting
Friday September 9, 2016
10:00AM in Fellowship Hall.



Richard E. Shea Memorial Soup Kitchen

Come serve with us at **Trinity United Methodist Church in Coram** preparing and serving meals for those in need, Tuesdays from 4pm to 6pm. (once a month)

See Judy Spencer on Sunday or call her at 631-473-6667 to sign up!

Annual Fall Yard Sale

On **Saturday, October 15th** from **10 am to 4 pm** the FUMC will be holding its annual **YARD SALE**. We are in need of items that you no longer want, but may be a treasure to someone else. We are looking for your gently used items to sell at our **YARD SALE**. If you have any of the items listed below, or things we might have left off the list, please consider donating them to your church. Please call Rollin Haffer at (H) 631-928-2357 or (C) 516-458-7688 or Judy Spencer at 631-473-6667 to arrange a time when you can bring your items to the church.

Items Needed:

Collectable's.
Dishes, glassware, etc.
Books, CD's, DVD's.
Toys in good condition with all of the pieces (no stuffed animals please).
Gently used, clean clothes.
Small kitchen appliances in working order.
Trinkets
Frames

Please attach a note to your items letting us know how much the item is worth so we can price them accordingly. Thank you.

In addition to our **YARD SALE** we will have a **BAKERY, SOUP, and BBQ LUNCH**. We need homemade, fresh baked goods such as: cakes, pies, muffins, breads, brownies and cookies, as well as homemade soup.

I wish to thank you in advance for donating your items, baked goods and soup for your church **YARD SALE**.

Gratefully,
Rollin Haffer



Lectionary Readings for September 2016

September 4

Jeremiah 18:1-11
Psalm 139:1-6, 13-18
Philem 1-21
Luke 14:25-33

September 11

Jeremiah 4:11-12, 22-28
Psalm 14
1 Timothy 1:12-17
Luke 15:1-10

September 18

Jeremiah 8:18-9:1
Psalm 79:1-9 or Psalm 4
1 Timothy 2:1-7
Luke 16:1-13

September 25

Jeremiah 32:1-3a, 6-15
Psalm 91:1-6, 14-16
1 Timothy 6:6-19
Luke 16:19-31

**September 4th Worship
Service resumes to
10:00AM**



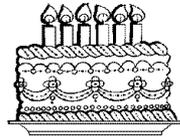
September

~ Happy Birthday ~ 2016 ~ Happy Anniversary ~

- 1: Christopher Steiner
- 2: Anya Marin Schade
- 3: Robert Darling, Sr.,
Dakota Edwards
- 5: Michael Brienza
- 6: Mary Lee Gaylor
- 8: Matthew Lux Jr.,
Edward Fringo,
Kimberly Loper
- Castellena
- 10: Susan Capasso,
- 11: Angela Sing, Gary Sing,
Donald Spence
- 12: Kenneth Bohler, Jr.
Ella Miller
- 13: Madelyn Finn
Ed Wurorio, Sean Wuorio,
Roscoe Loper
- 15: Diane Jantzen,
John Passarelle
Stevie Rae Skrobacz
- 16: Joseph Meola,
Robert Desmond, III,
Heather Nielsen
Paul Kelly
- 17: Lisa Luciano
- 18: Mia Amundsen
- 19: Sean Cardineau
Bernard Miller
- 20: Peggy Ney
- 21: Isabella Borders,
George E. Nichols
- 22: Diane Okst
- 23: Gabrielle Granger,
Roberta Grassman
- 25: Donna Marie Scott
- 29: Marlene Kadel
- 30: Freddy Bryant, Jr.
Robert Libby

- 3: Carol & Harry Landis
Lorraine & John Steiner
- 4: Trudy & David Clark
- 11: Carol & John Passarelle
- 12: Roberta & George
Grassman
- 13: Mary & Richard Cox
Sylke & Philip Schade
- 16: Jennifer & W. Scott Hall
- 17: Linda & Richard Meola
- 20: Linda & Petter Scalcione
- 20: Catherine & Kevin
Kispert
- 28: Gail & Robert Tilton

In Remembrance of
Sept.



Happy Birthday
wishes go out to
Roberta Grassman
as she celebrates a
milestone birthday on
September 23rd.

Thank you! Thank you to all

you good people who were able to come down to the church and help set up for the BBQ. The weather was hot and humid and it would have been easier to stay home (I was conveniently late and did no work.) And someone would say, “So, what else is new?”

When I arrived this morning, the corn husks were flying; luscious looking watermelon were being cut; the potato salad had been put into containers; the grill was smoking and everyone was happy!

Whenever it comes to food, we Methodists always come through. We had our old timers and some new faces -Dan, Tom and his wife Mare. If I missed anyone, I’m sorry.

I want to personally thank Jane Collins for all the hard work she did with getting the tickets out to people and then keeping track of all of them. Two weeks ago we were worried and we ended up with a sell out!

There were many take outs including ours – the chicken was perfect along with the potato salad, corn and all the rest of the goodies.

Again, many thanks for being there and helping. To those who supported us financially and those who made other donations, we thank you too.
Shirley A. Leonard

Thank you note from Echo Arms Adult Home Port Jefferson Station.

To everyone at the United Methodist Church,

Thank you so much for the wonderful barbeque that you had for our residents this past Saturday. What a special treat on that hot afternoon. God bless you all for this wonderful act of kindness and generosity.
Harvey Katz, staff and residents.

**Sunday School
Starts on September
11th at 10:00AM
Call Gail Tilton for
information
631-474-0682**

Endowment Fund

Calling All College Students

The Church has made a commitment to support our youth and adult members who are registered full –time or registered part – time students in school above the high school level. Each year 25% of the interest earned on the Endowment Fund is divided among our college, graduate school and post graduate school students.

To qualify for a portion of the fund, please fill out the form below and return it along with a copy of your schedule for the 2016 – 2017 school year by 10/1/16 to:

**Janet Davis – Lowe
73 Van Buren Street
Port Jefferson Station, NY 11776
Endowment Fund Application**

Date: _____

Name: _____

Home Address or College Mail Address:

Phone Number: _____

Email Address: _____

School Attending as of September 2016: _____

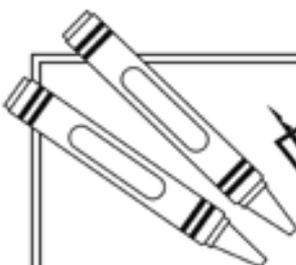
Parent's Name _____

Parent's Address: _____

Parent's Phone Number: _____

I certify that I will be enrolled as a full time/part time student at the above named school for the 2016 – 2017 school year.

Signature: _____



PUZZLE

THE LORD WILL PROTECT

God always watches over us, during good times and bad.



Directions: Connect the dots, according to the instructions below. Then use the resulting word to complete the Bible verse.

Start at 19. Draw from 19-18, 18-17, 47-62, 62-77, 22-21, 21-20, 50-51, 82-81, 81-80, 80-65, 65-50, 50-35, 35-20, 24-38, 38-53, 24-40, 40-55, 17-32, 47-48, 32-47, 26-41, 41-56, 56-71, 71-86, 56-57, 57-58, 55-54, 54-53, 53-68, 68-83, 55-70, 70-85, 58-43, 57-73, 73-88, 43-28, 28-27, 27-26.

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•	•	•	•	•	•	•	•	•	•	•	•	•	•	•
121	122	123	124	125	126	127	128	129	130	131	132	133	134	135

>> "So do not __ __ __ __, for I am with you; do not be dismayed, for I am your God." Isaiah 41:10, NIV <<

First United Methodist Church
603 Main Street
Port Jefferson, NY 11777

Non-Profit
Organization
Port Jefferson
New York
US POSTAGE
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**September 4th our
Worship Service returns
to 10:00AM**

**Sunday School will start
on September 11th also
at 10:00AM**